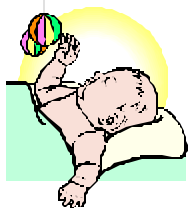


Your baby begins learning at birth. **Parents as Teachers (PAT)** can help you give your baby the best possible start in life. PAT is a voluntary family education and support program that begins pre-natal and extends to age 5. The program is based on the truths that parents are the first and most influential teachers of their children and that the early years lay the foundation for a child's success in school and in life. You, the parent, are the teacher. In PAT, you are supported by credentialed parent educators who suggest ways you can effectively teach and nurture your child.

Since 1981, PAT has been implemented in more than 2,000 sites in 49 states in the U.S. and in six other countries.

How you benefit from PAT

Through PAT, you acquire skills to make the most of the crucial early learning years. The program covers child development; suggests activities encouraging language development, intellectual growth, social and motor skills; and strengthens your relationship with your child.



Love me. Talk to me.

PAT: A program that works!

Independent evaluations of the PAT program have shown:

PAT Children:

- At age 3 are significantly more advanced in language, social development, problem solving and other cognitive abilities than comparison children.
- Score higher on kindergarten readiness tests and on standardized measures of achievement in the early grades.

PAT Parents:

- Are more involved in their child's schooling. Parental involvement is key to a child's success in school.
- Are more confident in their parenting role and read more to their child.



Read to me.

Play with me.

*"The information is wonderful.
The developmental activities are
creative, exciting and fun. To have
it all come to our home is great."*

- PAT Parent

As a PAT participant, your family receives the following services...

Personal Visits are the heart of PAT. A credentialed parent educator trained in child development helps you understand what to expect as your child grows and offers practical suggestions on encouraging learning, managing challenging behavior, and promoting strong parent-child relationships. The program offers 2 one-hour home visits per month.

Group Meetings allow you to meet with other parents to gain new insights, share experiences and discuss parenting topics.

Screenings administered periodically by the parent educator assess your child's overall development, as well as health, hearing and vision. Lead levels, immunizations, and dental are also monitored.

Connections with Community Resources can link your family to services that are beyond the scope of PAT.

*The PAT curriculum supplies developmental information and activities for all families, including those with children and/or parents with special needs of any kind.

*Information and videos presented to parents are also available in Spanish.



You'll help my brain grow.